

Author, Author

Type: _____ **Introductory** X **Working** _____ **Closing** _____ **Game**
Low Risk – Growing Risk – Ending – Active Exercise –
Getting to know Personal Saying goodbye For group building
each other awareness and fun

Optimum Group Size: 6+

Materials Needed: paper, pens, index cards, tape

Outline of Activity:

Have participants write a title describing their life as if it were an autobiography. Instruct them to “design” the book cover on a piece of paper, decorating them with illustrations, but they should not include their name on the cover. Post all book covers on the wall. Instruct each “author” to write three clues about their title on an index card. Collect all index cards, then shuffle and redistribute to group. The group then tries to guess the authors from the clues.

Goal:

To help participants look at their own goals, dreams, or how they view themselves.

How to Process:

Why is this important?

Source or Submitted by: Michelle Karns, The Trick Bag