What's In A Name

Type: ___X____ Introductory **_____ Working** **_____ Closing** **_____ Game**

Introductory	Working	Closing	Game
Low Risk – Getting to know each other	Growing Risk – Personal awareness	Ending – Saying goodbye	Active Exercise – For group building and fun

Optimum Group Size: Unlimited

Materials Needed: Pencils, paper

Outline of Activity:

Ask participants to stand and look around the room. Have participants pair off with someone in the group – facing each other. Each participant is then to write his/her partner's first, middle and last names at the top of the paper. Everyone has five minutes to create as many words as possible out of the letters in his/her partner's names. After the allotted time has elapsed, the partners share their lists with each other. The entire group gathers back into a circle to introduce each other's partners by his/her name and describe them by the words developed from his/her names. (Can develop a story by the words that were brainstormed.)

Goal:

To help participants become better acquainted with one another.

How to Process:

Little processing is needed. The facilitator can explain the goal and discuss how and whether or not the goal was achieved.

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