Two Circles

Type: ___X____ Introductory _____ Working _____ Closing _____ Game

Introductory	Working	Closing	Game
Low Risk – Getting to know each other	Growing Risk – Personal awareness	Ending – Saying goodbye	Active Exercise – For group building and fun

Optimum Group Size: 10 - 40

Materials Needed: Paper, pencils or pens, tape

Outline of Activity:

Have the members write their names in the center of a piece of paper. In the corners they should then write their favorite song, favorite TV show, favorite person, and their most memorable experience. (Note: These are only suggestions. Other questions can be asked as wanted.) After the cards are completed, have the members tape them to their fronts.

The group should be divided equally. One group should stand in a circle facing outward. The second group will then form a circle around them facing inward. Each person should have a partner. The partners must share the information on their cards in one minute. After the information has been shared have the outer circle move two places to the right, and have the members share again with their new partners. Make them move as often as you like, varying which circle moves and how many places.

Goal:

The members will share their likes and dislikes while recognizing how they are similar and different from others. The members will also learn more about themselves and others while getting to know each other in a fun way.

How to Process:

Discuss the following:
What were some similarities? Differences?
How does it feel when you share something in common with someone else?
What about when you're different?
Do you think it's important that we're different in some ways?
What did you learn about yourself? About others?

Source or Submitted by: Prevention is Primary (PIP)