

Musical Instrument

Type: X **Introductory** **Working** **Closing** **Game**

Low Risk – Getting to know each other	Growing Risk – Personal awareness	Ending – Saying goodbye	Active Exercise – For group building and fun
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Optimum Group Size: 12-100

Materials Needed: Pictures/Photos of different Instruments

Outline of Activity:

People will learn about each other by grouping themselves accordingly to commonalities with instruments.

1. Post picture of musical instruments on walls
2. Ask participants to choose the instrument that is most like them and to stand near it.
3. When in positions, ask them to form a circle with others who have chosen the same instrument. (Share why they chose that instrument)
4. Have the group agree on three common reasons why people in the group identifies with the instrument.

Goal:

Participants should learn if you give yourself the chance to get to know someone, you may find you really like him/her, share something in common with that person.

Variations: Instead of Instruments, you may want to use animals, flowers, cars, etc.

Source or Submitted by: 201 Icebreakers Group Mixers, Warm-ups, energizers, and playful activities, Edie West, 1997