

Hello World, This is Me!

Type: **X** **Introductory** **Working** **Closing** **Game**
Low Risk – Growing Risk – Ending – Active Exercise –
Getting to know Personal Saying goodbye For group building
each other awareness and fun

Optimum Group Size: Any

Materials Needed: About a ¼ sheet of Poster board for each participant

Outline of Activity:

Have each group member write down/decorate his or her board. They may want to add information about themselves such as name, favorite song, favorite movie, siblings, school, place visited, etc.

*Have the rest of the group write nice messages to them throughout the week. Then they will get to take them home with them.

Goal:

Get acquainted, learn names

Source or Submitted by: More Games Trainers Play, Scannell 1983